



MEDICAL SKIN CARE

SKIN RENEWAL PROTOCOL

	sunday	monday	tuesday	wednesday	thursday	friday	saturday
AM	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser
	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate	hydro peptide gel or HA hydrate
	melaguard E or hylaguard	melaguard E or hylaguard	melaguard E or hylaguard	melaguard E or hylaguard	melaguard E or hylaguard	melaguard E or hylaguard	melaguard E or hylaguard
PM	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser	calming foamy cleanser
	hydro peptide gel	hydro peptide gel	hydro peptide gel	hydro peptide gel	hydro peptide gel	hydro peptide gel	hydro peptide gel
	c & e eye crème		c & e eye crème		c & e eye crème		
	antioxidant facial serum or koji-sal CAB serum	reti-eye	antioxidant facial serum or koji-sal CAB serum	reti-eye	antioxidant facial serum or koji-sal CAB serum	reti-eye	weekly hydroxybright pads or glyrefine
	reticream 50 or retiserum 100		reticream 50 or retiserum 100		reticream 50 or retiserum 100		
	b3 moisturème (as needed)	b3 moisturème (as needed)	b3 moisturème (as needed)	b3 moisturème (as needed)	b3 moisturème (as needed)	b3 moisturème (as needed)	b3 moisturème (as needed)

retiOx body gel may be used nightly for larger body areas (chest / arms / shoulders / legs)

lumibright eye may be used in place of c & e eye crème for under eye dark circles